



Issue
No.2

RSPCA West Norfolk Seasons Newsletter Summer 2021

Happy Summer everyone, things are looking a lot brighter and not just with the sunshine!

It's getting easier for us to get out and about now so if you're thinking of taking your canine companion out for a drink with you we have attached a list of dog friendly establishments in the North & West Norfolk area - you'll find it on the last page.

*OK, so, one thing we are not going to apologise for is banging on about ...**DOGS BEING LEFT IN HOT CARS!** Even on what seems like just a warm day the sun can make the inside of a car extremely hot! Cars can become as hot as an oven very quickly, even when it doesn't feel that warm. When it's 22 degrees outside, inside a car it can reach an unbearable 47 degrees in just an hour.*

*It is important to know what to do if you see a dog in distress locked in a vehicle... You must **NOT** smash the windows or attempt to break-in to the vehicle; this could be considered a criminal offence. **YOU MUST CALL 999 AND ASK FOR THE POLICE***



For the best chance of survival, dogs suffering from heatstroke urgently need to have their body temperature lowered gradually..

FOLLOW THESE SIMPLE STEPS:

Move the dog to a shaded and cool area. Immediately pour cool (not cold to avoid shock) water over the dog. If possible, you can also use wet towels or place them in the breeze of a fan. Allow the dog to drink small amounts of cool water

Continue to pour cool water over the dog until their breathing starts to settle, but not too much that they start shivering. Once the dog is cool, take them to the nearest vet as a matter of urgency.



At The Centre...



Cute!

As we mentioned in the last edition, kitten season is now in full swing and sure enough the cattery is full ... with a waiting list!

We really cannot stress enough how important it is to get your cat neutered. Cats can become pregnant from as young as 4 or 5 months. So many people come to us as they suddenly discover their cat is expecting a litter; that they had no clue about.

If you have any questions about neutering please contact your vet - the earlier the better!

We would like to say a very big **THANK YOU** to Morrisons, Sainsburys and Tescos for allowing us to have a donation bin at their stores and to all their fantastic shoppers who have been donating food and toys to us, in what has been a very difficult time - You Know Who You Are!
THANK YOU!

Our Bins are located at the following stores;

Morrisons - Kings Lynn & Fakenham

Sainsburys - Hardwick

Tesco - Hunstanton

We welcome all donations of cat, rabbit & dog food, along with any cat or dog toys. And, as you can imagine, we are always thankful for poo bags!



Inspector's Corner

Hi All You Lovely West Norfolk People.

My name is Dean and I've been an RSPCA Inspector for 27 years. 27 years that has absolutely flashed by, doing a job that I completely adore.

My desire to work with animals began when I was serving in the Royal Air Force. I was stationed in Berlin and would get the ferry to and from the continent on a regular basis. I would often find myself following long distance, live animal transports as they journeyed across different countries. The long, gruelling journey for these animals must have been awful (and will hopefully be completely banned soon!) and it sparked my interest in animal welfare. As my six year sign up came to an end and I had to decide whether or not to commit my future to the RAE, the plight of these animals would regularly play on my mind. I wondered whether there was a job out there that would allow me to help animals like this: animals that were suffering or being cruelly treated by people, whether in large numbers in commercial situations or more locally in domestic homes.

The RSPCA was not on the television much in those days and the internet was a very new creation but I followed my passion, researched into animal welfare and found out about what I realised could be the right path for me. Eventually, I

was one of several thousand applicants for 22 jobs on an RSPCA training course in 1994 and to my absolute delight, they saw something in me that made them want to take me on.

When I had successfully completed the 7 month training course, I found myself in the position of the new Inspector for the Lancaster and Morecambe area. The job was everything I had ever hoped for and more. It allowed me to help animals; wild, domestic and commercial and communicate with and help their owners on a daily basis. From rescuing animals in distress, giving advice to improve an animal's circumstances in their home or taking the ultimate sanction and prosecuting someone for cruelty, each day was entirely different to the last.

After five years up north I applied for a transfer to Lincoln and after 10 years there I applied for a transfer to the slice of heaven that is North Norfolk, where I am happy to report that I still work today, alongside some fantastic colleagues and now surrounded by my wonderful, young family. Over the years I've had the privilege of working with many different branches of incredibly committed volunteers. Their enthusiasm to provide help for animals in their local area has given me the freedom to provide all manner of animal welfare services and I have no doubt that this collaborative working and my continued passion for the job that I still adore, will carry me well into the future.

Take Care everyone, *Dean*



*Dean
Inspector*



Vet's Corner

It's Summer, or so we are told... but we can always enjoy a walk with our dogs no matter what the weather.

We'll all be wanting as much sunshine as possible but be aware that some breeds like bulldogs, pugs and Lhasa Apsos have trouble regulating their body temperature. On hot days, allow your pooch to stay in a shady area with easy access to fresh water and try to avoid excessive exercise.

We all love a BBQ with that sunshine and so too do our canine guests! Don't be tempted though to treat your dog with those tasty BBQ chicken legs; they may just splinter and perforate the intestine or cause obstructions. Whilst many of our dogs are now fed raw diets (as nature intended), cooked chickens do not fly about naturally in the wild and their bones are brittle and less digestible than when raw.



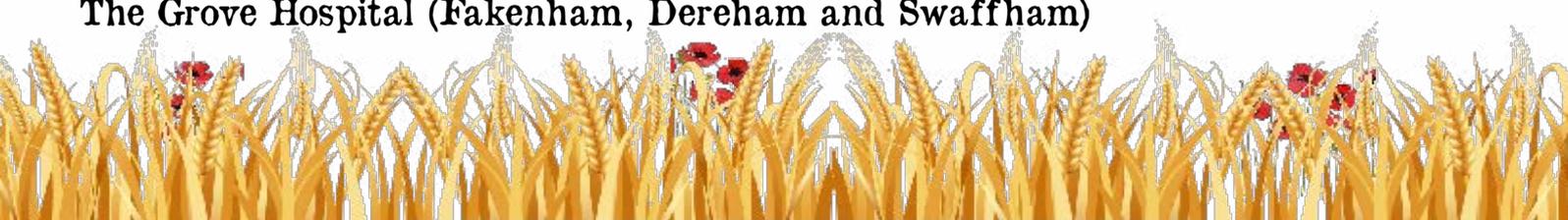
Dogs and Heat

Beware the kebab sticks that can easily go down along with the cubes of delicious marinated meat skewered on them. For those with plenty of enthusiasm to clean their BBQ, watch that the fat in the sump tray does not get devoured or it may well overwhelm your dog causing pancreatitis or gastroenteritis.

Cats seem to have all the time in the world to sunbathe compared to dogs!... which doesn't normally cause a problem, but do monitor the ear tips and noses of white cats who have little or no melanin to protect their skin from the sun's ultra violet rays. Sunscreen would be useful if the stubborn cat didn't lick it off obsessively! Any inflamed lesions on these areas that won't heal after 2-3weeks need veterinary attention. We may take a biopsy for a histopathologists assesment to allow an accurate diagnosis.

So, this summer, keep cool, eat well and enjoy the sunshine with your pampered pets.

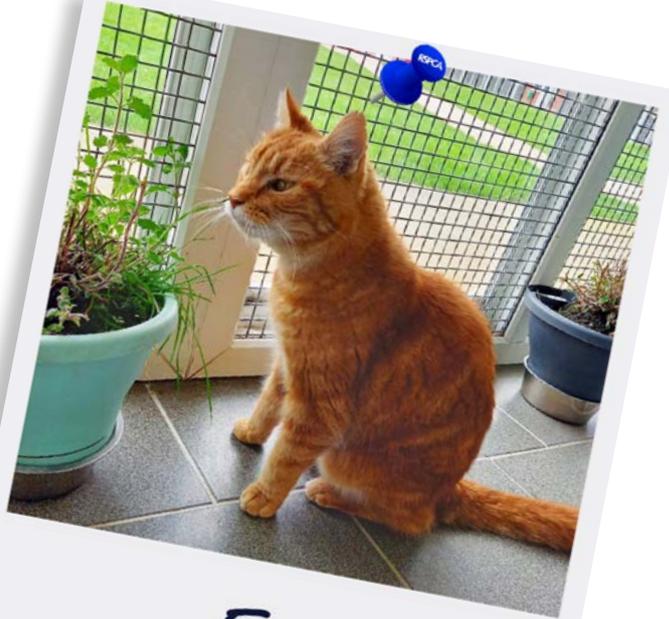
Carrie Blyth MRCVS
Primary Veterinarian
The Grove Hospital (Fakenham, Dereham and Swaffham)



Golden Oldies



Flump



Fred

Sometimes we have more - shall we say - 'mature' guests arrive the Centre. These arrivals can be a bit more difficult for us to rehome, as we have to consider the commitment that new owners will have to take on. However we would encourage anyone and everyone to consider giving the older animals a home.

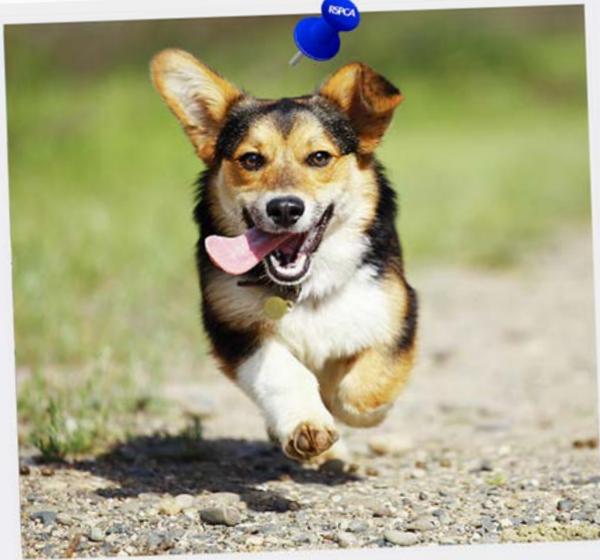
For the dogs it is hard after years of being with someone to then be alone and not to have that regular routine that all dogs thrive on. For the cats it can be very stressful not being able to have the freedom to come and go as they would have done in their old home.

You will see above lovely old Flump, she found it very difficult coming in to the Centre as she had been so used to being with a loving family. Her age along with a few medical problems that she was being treated for meant that people were unsure about whether they could commit to giving her the home she so desperately needed. However, there is always someone out there for every animal and she found her perfect home.

Fred was a very similar case to Flump as he was also struggling with some medical issues and several people said it would be difficult for them to rehome him. He had been brought into the Centre having been found as a stray, even though he was very friendly and appeared to us as if he has lived in a home. Luckily we found him the home he deserved and is now living the life he so very much deserves.



No, it's not OK!



*Its OK he's
Friendly*

Something we hear a lot of the time is the worry of owners with dogs who need space when in public.

This can be for multiple reasons, not just aggression, for example they could be blind, deaf, nervous, undergoing rehabilitation, be in training or have a medical condition. For these reasons, whenever you see a dog on a lead, you should never allow your dog - no matter how friendly and well trained - to go up to another dog without asking permission first. You should always put your dog on a lead allowing the other dog to pass by safely and with space.

Every dog deserves the right to be able to go for a walk without the fear of a dog running up to them. Having 'it's ok my dog is friendly' shouted from the other side of a field is no comfort to an owner of a nervous dog when a dog is running full speed towards your dog.

There are many campaigns regarding these issues and trying to educate people on staying safe when dog walking. The most well known being the international 'Yellow dog', which is a visible yellow lead, coat or bandana etc, being worn by a dog (for any of the reasons above) to visibly show they need space. Another by the Kennel club is the 'Safe and Sound' campaign, which deals with the safe interaction between children and dogs. You should remember to never let a child run up to or approach any dog no matter how cute and fluffy without asking the owners permission first. Even the gentlest and most well behaved dog can be spooked by a quick moving child. Remember to give any dog owner respect and space when out in public whether you have another dog or child with you, and remember - Ask if its ok... Please Don't Assume.

Emily Cole
Eau Brink Centre Manager



Microchipping

It's very concerning for us that so many animals end up at our centre due to not having a chip. Microchipping your pet is the most important thing you can do, to ensure if they do wander off you can get them back quickly. Every animal that comes into our centre is microchipped and registered to the Centre, once we find an animal a new home we update the chip with the new owners details.

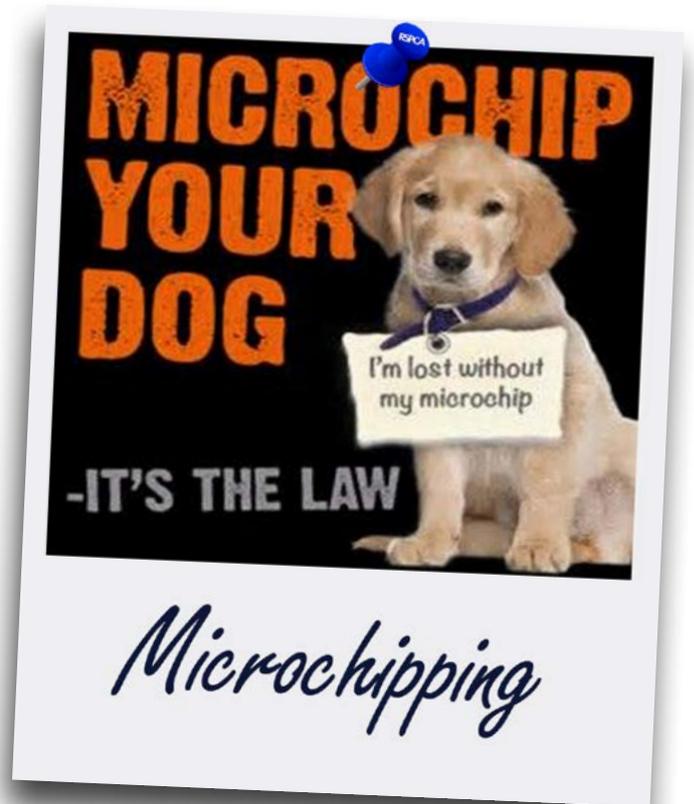
It is a legal requirement to have your dog chipped. Parliament are now debating the subject of microchipping cats also and this is expected to become law at some point in the future. It is such a simple thing to do and you can have them chipped at the same time as their first vaccination, or when they are neutered, or even just by making an appointment with your vet.

Microchips can be implanted only by a vet, a veterinary nurse or someone who is specifically trained, as we are at the Centre. Any animal can be scanned for a chip by any veterinary practice, should you find a stray.

It is really important that you keep the details on your pets microchip up to date, for example should you change name, address or contact number. This can be done easily online by yourself by using the company that the chip is registered with. They then allow you to change any of the details you require, making sure that you will always be able to find your pet. If you are not sure which company your pets chip is registered with you can check at:

<https://www.check-a-chip.co.uk/index.aspx>

So, if your pet is not currently chipped, please, please make it your top priority and help us to make sure that animals are not being lost and placed in a kennel when they already have their home... this also means you will always be reunited with your furry friends!



Local Canine Friendly Watering Holes



Briardfields at Titchewell

As you can see we are spoilt for choice, and there are many more....

- **KING'S LYNN**

The Black Horse Inn, Lynn Road, Castle Rising. PE31 6AG. Tel: 01553 631333

The Crown, Lynn Road, Gayton, PE32 1PA. Tel: 01553 636252

- **DERSINGHAM**

The Coach and Horses – 77 Manor Road, PE31 6LN. Tel: 01485 540391

Petals Tea Rooms, 61 Manor Road, PE31 6LH. Tel: 01485 297250

- **SNETTISHAM**

The Rose & Crown – Old Church Road, PE31 7LY. Tel: 01485 541382

Shepherds Port Bar – Bank Road, PE31 7PS. Tel: 07774 362797

- **SEDFORD**

King William IV – Heacham Road, PE36 5LU. Tel: 01485 571765

- **HEACHAM**

The West Norfolk – 91 Station Road, PE31 7AN. Tel: 01485 570348

Heacham Halt Café – South Beach Road, PE31 7LH. Tel: 01485 572797.

- **HUNSTANTON**

The Golden Lion Hotel – The Green, PE36 6BQ. Tel: 01485 532688

The Lighthouse Café Lighthouse Road PE36 6EL

The Old Marine Bar – 10 St. Edmund's Terrace PE36 5EH. Tel: 01485 533704

Waterside Bar – 5-6 Beach Terrace, PE36 5BQ. Tel: 01485 535810

Wash & Tope Hotel – 10 – 12 Le Strange Terrace, PE36 5AJ. Tel 01485 532250

Rendezvous Café – The High Street, PE36 5AB. Tel: 01485 532336

The Coffee Pot – 28 Le Strange Terrace, PE36 5AJ. Tel: 01485 535003

Georgies Café – 6 High Street, PE36 5AF



• **OLD HUNSTANTON**

Caley Hall Hotel Old Hunstanton Road, PE36 6JJ. Tel: 01485 533486.

Ancient Mariner Inn – Golf Course Road, PE36 6JJ. Tel: 01485 534411

The Lodge Hotel – Old Hunstanton Road, PE36 6HX. Tel: 01485 532896

• **RINGSTEAD**

Gin Trap Inn – 6 High Street, Ringstead, PE36 5JU. Tel: 01485 525264

• **HOLME-NEXTTHE-SEA**

The White Horse – 40 Kirkgate Street, PE36 6LH. Tel: 01485 525512

• **THORNHAM**

The Lifeboat Inn – Ship Lane, PE36 6LT. Tel: 01485 512236

The Orange Tree – High Street, PE36 6LY. Tel: 01485 512213

Thornham Deli and Café - Thornham, PE36 6LX. Tel: 01485 512194

The Chequers Inn – Main Road, PE36 6LY. Tel: 01485 512229

• **TITCHWELL**

Titchwell Manor – Main Road, PE31 8BB. Tel: 01485 210221

Briarfields – Main Road, PE31 8BB. Tel: 01485 210742

• **BRANCASTER**

Deepdale Café – Main Road, PE31 8FB. Tel: 01485 210200

The Jolly Sailor – Main Road, PE31 8BP. Tel: 01485 210314

The White Horse – Main Road, PE31 8BY. Tel: 01485 210262

The Ship Hotel – Main Road, PE31 8AP. Tel: 01485 210333

• **BURNHAM MARKET**

The Hoste – The Green, PE31 8HP. Tel: 01328 738257

The Nelson – Creak Road, PE31 8EN. Tel: 01328 738321

Number Twenty 9 The Green, PE31 8HF. Tel: 01328 738489

Socius Restaurant – Foundry Place. Tel: 01328 738307

• **BURNHAM OVERY STAITHE**

The Hero – Wells Road, PE31 8JE. Tel: 01328 738334

• **HOLKHAM**

The Victoria Hotel – Main Road, NR23 1RG. Tel: 01328 711008

The Lookout, Lady Anne's Drive, NR23 1RG. Tel: 01328 711917

• **WELLS-NEXTTHE-SEA**

Beach Café – Beach Road NR23 1DR. Tel: 01328 713055

The Globe Inn – The Butlands. NR23 1EU. Tel: 01328 710206

The Edinburgh Inn – Station Road, NR23 1AE. Tel: 01328 710120

The Golden Fleece – 18 The Quay, NR23 1AH. Tel: 01328 710650

The Bowling Green Inn – NR23 1GY. Tel: 01328 710100

Bang! in Wells – Cafe/Bar, 2 Staithe Street, NR23 1AF. Tel: 01328 712149.

Grey Seal Coffee – 1 The Quay, NR23 1AH. Tel: 01263 740249

